

2019-20

Best Practices:

1. Title: Psychological Testing and Counseling

To conduct psychological tests on students and provide counseling accordingly.

Objectives of the Practice:

- To identify the student having problems related to personality, adjustment, intelligence and emotional intelligence.
- To help the students realize their field of interest and aptitude for pursuing vocational opportunities accordingly.
- To provide personal and group counseling to the students by Counsellors.

Process:

Administration of Tests:

- Data Collection
- Scoring
- Data Analysis
- Interpretation of Test Results.

To fulfill these objectives psychological tests are conducted on the interest students such as Rorschach Test of Personality, Bhatia Battery of Performance Test, Intelligence Test (Verbal & Non Verbal), Test of Emotional Intelligence Adjustment, Achievement and Interest etc. , through Education Lab of Dept of Education of the College.

- After the administration of the tests, the data analysis is done. The extreme positive and negative cases are identified. These students are provided individual counseling by a counselor.
- Group Counselling is provided to the students on topic like Mental Health, Personality Problems, Causes of Depression etc.

Practice:

- The process of administering psychological testing and counseling is done once in a session with the help of a psychologist and registered counselor as Resource Person for guidance and Counselling.
- The administration of the psychological tests are also demonstrated to the students of Education department which helps them in their perceptual learning of the tests which are prescribed in their syllabus.

Problem Faced:

Analysis of huge data becomes a challenge.

Source Required:

A full time Counsellor may be very helpful in providing educational, personal and Career Counselling to the students.

2. Title: Value Education

Context: Value education is the need of the day to form humane and wholesome personalities that may further contribute to the formation of a competent human resource for the society and nation. To achieve this mission of value inculcation and instil virtue of responsible citizenship in students, the college organizes National Days—such as, National integration Day, Independence Day, Republic Day, Gandhi Jayanti, Education Day, Youth Week in memory of Swami Vivekanad, Yoga Day and others.

Objectives: The celebration of the important days in the National and International calendar is practised in the college to make its students aware of the multicultural values of our society and to understand and respect the contribution of various leaders and visions and legacy.

Practice: The College prepares an Annual Calendar listing all important days to be celebrated such as National integration Day, Independence Day, Republic Day, Gandhi Jayanti, Education Day, Youth Week in memory of Swami Vivekanad, Yoga Day, Human Rights Days, World Ozone Day, Hindi Diwas, Earth day, Women Day, International Mother Language Day, World Environment Day, Constitution Day, NCC Day, NSS Foundation Day. All Departments and Committees organize special lectures, Rallies, hold debates and essay competitions, workshops to observe these days with necessary reverence and vigour. The curriculum of the college is also taught in a manner to instil the values of civil society. Several subjects like Education, Philosophy, Sanskrit and Sociology have value-education as part of the prescribed syllabus. Value-inculcation thus takes place in classroom teaching as well.

The extension programmes such as NSS and NCC and other committees also organised several activities during the year to teach value of national integration and service for all to the participant students.

A seven-day Training and Workshop on Yoga was organized was organized by the Department of Sanskrit from February 6th-12th, 2018. More than 50 students and several faculty members participated and learned the correct techniques and Yogasanas.

Obstacles faced and Strategies adopted to handle them: The implementation of value-related lectures and programmes was enthusiastically attended by the students. The students' representatives were given responsibility of organizing the programmes to develop the values and virtues of responsibility, commitment, discipline, cooperation, etc.

Impact: The reach of the organization of the value-inculcation activities may be only observed in the behaviour of the students and may be gauged in their social behaviour in the long term. The students however, came up with lesser inter-personal quarrels and displayed respectful and matured understanding towards teachers.

Resources required

The organization of the Value-Education Activities required infrastructural and financial resources apart from the use of experts and resources persons.

The College seminar hall was used for the various events as it was well-equipped with LCD projector, Screen and other modern facilities.

Experts of national repute were invited from various institutions as trainers, judges and resource person.

The Value-Education Activities were organized with the financial support from the Internal budgetary allowances of the College.