

2016-17

Best Practices

1. Title of the practice:

‘Go Green: Making Environment Friendly Citizens’

2. **The context that required the initiation of practice:** Best practices are those which add value to human life and support main cause of an institution. It helps in development of an institution as a source to perform social responsibility. The Jagat Taran Girls Degree College inculcates sensitivity and responsibility towards environment in our students for their development as responsible citizens. Activities have been undertaken to encourage the students to realize the importance of Go-Green initiative which is an step towards making the planet sustainable and habitable. The government of India has launched Swachha Bharat Mission as the inspiration to create a clean India with a focus on sanitation and hygiene. It has also been given due importance in the activities of the College.
3. **Objectives of the practice:** The main objective of this practice is to generate awareness among the students about healthy sanitation practices, to create environmental awareness and encourage the students for plantation and conservation of environment.
4. **The Practice: ‘Eco club’** has been formed in the college for promotion of environment friendly activities in the college.

Several saplings are planted at regular intervals by students and staff in **‘tree plantation programmes’** organized by the college NSS unit and these plants are taken care by gardener.

The college campus has been declared as ‘Plastic free Zone’ so use of plastic bag is avoided and usage of jute bags and cotton bags is motivated.

Water conservation is done through rain water harvesting.

An interdisciplinary special lecture cum workshop was organized on 29th November to follow the mission of Swachh Bharat Abhiyan by Government of India. The topic of lecture was ‘Cleanliness is the responsibility of the Citizens or the administration.’ The lecture was followed by Debate competition, various programmes and competitions.

A 5 days **COM EDU FEST** was organized by Dept. of Commerce on the theme “GO GREEN” from 7 to 11 Nov, 2016 during which various programmes were organized-

- Inter institutional mini research paper presentation competition (through power point presentation on the topic '**Socio Commercial Impact of Green festival in India**').
- Workshop on Soft Skill Development in collaboration with Bestech Solutions
- Inter Institutional Debate competition on topic 'Sailing in Turbulent Times: Can Environment find Eco friendly Industries.'

World Ozone Day was celebrated on 16 September 2016 and topic was '**Effect of Modern Life Style on Ozone Layer**.' Various activities like speech competition, poster making and slogan writing were organized.

Green Consumer Day was celebrated on 28 September 2016 .Speech competition and Slogan writing competitions were organized.

Students are also engaged in various environmental awareness programmes and campaigns in adopted slum areas through NSS and NCC.

4. Obstacles faced if any and strategies to overcome them: Change in attitude of students is required so repeatedly they are made aware to practice the environment friendly activities in their daily lives and make others aware too.

5. Impact of practice: The students have started following the eco-friendly practices gradually. Students have become aware about cleanliness, health issues, energy conservation practices, avoiding use of plastic bags and water conservation.

6. Resources required: environmental conservation **is** the major challenge for mankind today. More physical infrastructure as well as human resources is required to make it a regular practice.

2. Title of the practice: Women Empowerment through the Establishment of Women Cell.

Context that required the initiation of the practice:

The Jagat Taran Girls' Degree College is exclusively for women students. The College was established in 1975 which was also the International Year of Women. The sole purpose of the establishment of the college was empowerment of women through Higher education. The college was to provide quality education to every class of females barring their economic status, caste, and creed. However, the female students required an extra thrust to make their stride with the fast pacing society. The College hence established the Women Cell to design more need-specific programmes for its students.

Objectives: The contemporary issues of health-awareness, legal literacy, human rights, self-protection, women's right, dowry act, government policies etc were required to be dispersed to the young girls to help them become self-reliant and confident. The secondary objective was also to develop employability and entrepreneurship skills in the students for financial independence, career advancement and a bright future.

The practice:

- The Women Cell organizes self-defense training to help the students become fearless, confident and independent. Self defense has become need of our which is very necessary for all girls in the present scenario along with academic inputs. Two months training programme for taekwondo was organized from Dec 06, 2016 to Feb 06, 2017. Demonstration of self defense of workshop and training was also done on Feb 07, 2017.
- Several Workshops are organized to open up debates regarding women's right, dowry practice, educational and career opportunities, role of women in the contemporary global scenario, to make students aware about women legal rights, an interdisciplinary special lecture on " Concept of Human Rights: With Reference to Economic and Political rights of women" was organized.
- Workshop on Legal Literacy, health and hygiene, sanitation and environmental issues are conducted to help the students make the best use of their potential for themselves and for the society at large,
- To ensure girls students better understanding regarding issues faced by women in present time, screening of short feature film, documentaries and counseling of students is regular practice of the institution. The film screening was done on Jan 13, 2017 which was followed by discussion and interaction with the resource person and counselors.
- In compliance with power angel scheme of UP Police, selection of 10 students was done else power angels for preventing in sort of maltreatment, physical or mental harassment.

Obstacles faced and strategies adopted

The major obstacles faced in the organization of the training programmes and events were attitudinal behavior of both participants and their guardians. The students were hesitant and shy to recognize, understand or share their problems due to social or peer pressures.

To handle these issues, the students were repeatedly monitored closely and were encouraged to open up to their teachers and mentors.

Counselors, Psychologists and Specialists were invited to look into the specific nature of the problems with the young students and to resolve their different emotional, physical and mental issues.

Repeated exposure through different sessions, rallies, film screenings were helpful in washing away the stigma of certain issues and the students were able to approach their problems in a more immediate manner.

Impact

While the impact of the working of the Women Cell cannot be quantified in numerical digits, the continuous effort of the Women Cell helped several students to resolve their personal, academic and career issues in a more effective way.

Issues concerning sexual harassment and domestic violence were reported with more responsibility and help was sought by the students from the committee members of Women Cell.

Female Candidates were able to recognize their own social situations and thus address them better, with more understanding and maturity.

The hidden and latent potential of several candidates were revealed during the interactive and/or counseling sessions as a result making them healthier, smarter and more adept at social skills.

Due to constant effort of college for 'women empowerment' the pass outs of the college are successfully representing in all the areas of academic, political, social works through NGO's, Judiciary , management and administrative fields.

Resources required

The Events of the Women Cell needed infrastructural facilities, financial aids as well as expert resource person for organizing the film screening, seminars, workshops, rallies, etc.

The College Seminar Hall and other Classrooms were used as it was well-equipped with LCD projector, Screen, Television and other modern facilities.

Scholars and Experts of national and international repute were invited from various institutions as resource person.

The seminar/workshops/screenings/counseling sessions were organized with the financial support from the internal budgetary sources of the college

7. About the institution

- i. Name of the Institution: Jagat Taran Girls' Degree College, Allahabad
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